



Becontree Wheelers

Tuesday evening 10 series
Health and safety regulations

The first event of 2025 will be held on Tuesday 29th April and the following requirements will be strictly observed.

If you are not well or are showing signs of infection you **must not** attend any of our events. Otherwise,

1. Before leaving home.

- You are aware of CTT regulations.

2. You must bring with you:

- A working red light attached the rear of your bike.
- A working front light attached to your bike.
- A helmet.
- If riding for the second or subsequent time, your body number.
- If age under 18, a fully completed [parental consent](#) form.
- A payment card. Cash will not be taken.
- **Note: Everybody will get a free ride on 29 April.**

3. Sign-on:

- **Sign-on will close 30 minutes before the scheduled start time.**
- You must wait in line suitably distanced until its your turn.
- If you have kept a number from a previous ride, enter that number.
- Otherwise, take a body number and enter it in the No. column.
- Write your name, house number and postcode and the other details.
- Pay for you ride by tapping your payment card on our card reader.

4. Body number:

- For your first ride in the series you will take a number from the pile and keep it for the remainder of the season.
- The number will not necessarily correspond with your start time.

5. Starting order:

- You will start in the order on the sign-on sheet. This will not necessarily be in body number order.

6. At the start:

- You should not approach the start line until the rider before you is ready to go.
- You will not be held up but must start yourself at the timekeepers command.

7. At the finish:

- You must not approach the timekeeper at any time.
- If possible, times will be displayed after the finish.
- Do not handle the time sheet or crowd around it.
- All times will be posted on the results page of the [Becontree web site](#)
- Do not return your number but keep it for future events.

Welcome back and enjoy your ride.